



VASHON

# THE LOOP

Vol. 9, #6

A VASHON-MAURY ISLAND COMMUNITY NEWSPAPER

March 15, 2012

## Cabin Fever Strikes Vashon!

Vashon Maury Cooperative Preschool invites islanders to go

**BACK TO CAMP** with their annual fundraising auction

The Vashon Maury Cooperative Preschool (The Co-op) invites islanders to join the fun Cabin Fever, a summer camp themed fundraising auction, on April 21st at 6pm at Camp Sealh. The Co-op's popular auction raises nearly 40% of the school's budget, enabling the island institution to keep tuition affordable and offer scholarships to families in need.

The Co-op auction, now in it's 13th year, is always a popular event and is known as "The Party Of The Year" to many a Co-op alum. This year the fun will be had overlooking the Sound at the beautiful Round Hall at Camp Sealh. Guests will enjoy goodies from the Mess Hall, including such camp staples as corn dogs, tater tots and s'mores. And unlike camp days of our youth, this camp will offer Cliff's beer, wine and cocktails.

Camp will begin, as so many camp experiences do, with a bus ride! Guests can catch the Cabin Fever bus at the Park & Ride on Vashon Highway, next to The Country Store where the fun will begin! Once at Camp Sealh, Kevin Joyce as auctioneer and Craig Sutherland as emcee, will serve as Camp Counselors, leading guests through an exciting evening and a fabulous shopping experience. Naturally, the evening will conclude with an old-fashioned campfire sing-a-long, accompanied by Kevin Joyce and Tony Liebo on his magic banjo.

The Co-op is a 501(c)(3) non-profit organization and has been part of the Vashon community since 1970 and



*Tya Hollimon, 4-5 year old class.*

over the years thousands of families have benefited from the Co-op's unique approach of educating both children and parents. Islanders can show their support for the Co-op while having a great time and taking home some terrific auction items, including a fabulous scuba trip to Roatan, an adventure vacation at The Flying B Ranch, a farm dinner for 14 at The Jesus Barn Farm featuring a fabulous meal prepared by The Gluten Free Girl and The Chef, and so much more.

Tickets are \$30 and available at The Vashon Bookshop and Brown Paper Tickets.

## Spanning the Centuries A Tale of Wonderlust



*Pam Ingalls*

By Verna Everitt

What do two women born 100 years apart have in common? Quite a bit it turns out. Pam Ingalls and Abby Williams Hill, painters both, Islanders too, are women of immeasurable talent with an overwhelming desire to travel. Pam will be giving a talk on Thursday, March 22, 7:00 p.m. at the Land Trust building; Pam Ingalls: Wanderlust, How Travel Influences Art.

Abby Williams Hill whose work is on exhibit at Vashon-Maury Island Heritage Museum: Abby Williams Hill: Wanderlust, Works on Paper 1895 - 1927, was inspired by her travels in the U.S. and in Europe. Pam, as many of you know, is a prolific painter whose work adorns the walls of the Hardware Store Restaurant. She, too, has been influenced by her wanderings and feels like a kindred spirit with Abby. I met with Pam recently over a cup of coffee and Café Luna when she told me she felt connected to Abby. "I truly feel akin to her. I even went to places on Vashon that she painted. I revisited and painted what she painted and felt like I was in another century".

Over a century ago, Abby left the mid-west to travels to the Wild West, to paint Vashon, virgin landscapes and Sioux Indians. What's so interesting about Pam is she made the decision, some years ago, to leave her rural, though cosmopolitan environs, to travel to small communities around the globe and paint portraits of 50 members within that community. Like Abby, she, too, painted portraits within an Indian tribe, but this time it was near Nome, Alaska, and it was the King Island tribe. She also painted portraits of Guatemalans, Jamaicans, and then had quite a unique idea. Pam chose a HUD apartment

complex in New York City and painted portraits of 50 tenants living in the building, living in a community within a community.

"Doing the portraits has really been a culmination for me," Pam told me. "I have a chance to learn more about portraits, I get to travel, and become intimate with small groups of people. You know in life how everything seems to come together to a specific point? This is how I feel about my portrait project. I'm traveling and painting. My work really is a labor of love." Perhaps if Abby Williams Hill were alive today she would express the same sentiments as Pam.

Pam's next trip took her all the way to Shillong, India where she painted portraits of the Kashi people. I asked Pam how her travels had influence her painting style. She said, "Changes are probably unconscious. If anything, it would be the colors in my palette that change from country to country. My paintings are brighter in some places like Jamaica - a place rich and saturated with color. But the Kashi people, they dressed in calico, western wear - weren't the bright, traditional colors of India. And the brown hills, I suppose, muted my palette in Shillong."

Funded by a 4 Culture grant, Pam will open a new show at The Hardware Store Restaurant on First Friday in May titled, "Facing India", exhibiting portraits from her recent trip to Shillong. And we can see how the centuries run together when she introduces fellow world wanderer Abby Williams Hill's hundred year old drawings at her talk; Pam Ingalls: Wanderlust, How Travel Influences Art on. Together, these two women truly are kindred spirits whose lust for travel infuses their art with timelessness and beauty.

## Road to Resilience

### All Island Forum Update

A month ago, I wrote about the coming All Island Forum event, Vashon: What matters to you? The meeting on February 27 was attended by about 65 Islanders, a nice mixture of new as well as familiar faces. All the participants were asked to write on a large piece of paper their response to a set of questions concerning a current assessment and future vision for Vashon. I found quite a few of the comments quite thoughtful and poignant. The questions and all their responses can be viewed at [www.allislandforum.org](http://www.allislandforum.org)

About ten days later, on March 8, a follow up meeting was held to reflect on the results of the first meeting and to decide where to go next. Twenty-one people, most of them attendees at the previous meeting, showed up to carry on the discussion. Although I was unable to attend that session, I can share with you Mary Shackelford's report:

The primary impressions about the meeting as a whole were two. It was felt that the new meeting process was inviting and engaging, which was one of our highest hopes for that meeting. On the other hand, it was noted that there was a lack of diversity

By Terry Sullivan, Transition Vashon

of attendees. Island constituencies not adequately represented included, among others, racial and ethnic groups, youth, conservatives, and commuters. The weekday evening time explains the lack of commuters and it was hoped that the others would come once we had earned some trust that the process was fair and that something constructive was happening.

With respect to the written comments, there was a sense that everyone was generally on the same page, although there were many different passions and a fountain of ideas. The most common themes were:

- Local self reliance and sustainability, i.e. growing our own food, growing/patronizing our own businesses, producing our own energy, etc.

- Appreciation of/ yearning for community/connectedness/interdependence

- Concern for the environment

During another exercise, people were asked to connect up various aspects of our community that they felt were important. From these, other common themes appeared:

- Need for widely diverse group

*Continued on Page 11*



# Get in The Loop

## Submissions to the Loop

Do you have an event or Public Service Announcement? Email questions or submissions to Steven Allen, editor of the *Loop*, at [editor@vashonloop.com](mailto:editor@vashonloop.com). Photos are welcome as jpeg or pdf attachments.

### Vashon Presbyterian Church Heindsmann Family Endowment Scholarship

Vashon Presbyterian Church is accepting applications for the 2012 Heindsmann Family Endowment Scholarship award. This award is granted from an endowment created by Ted and Virginia Heindsmann to a deserving student based on financial need, academic promise, and dependability. Consideration will be given only to students who have completed two or more years of higher education or who are seeking special training or retraining. This award is not intended for high school seniors.

Application packets can be obtained at the church at 17708 Vashon Highway SW (463-2010). The office hours are Monday through Thursday, 10 AM to 2 PM. Completed applications must be returned to the office by Monday, April 30. As part of the selection process, finalists will be scheduled to meet with the church's Scholarship Committee in early May.

### Game Night at LDS Meetinghouse

Some of you already know about "Game Night" at the LDS Meetinghouse on Friday nights. We have a lot of fun, & I wanted to be sure everyone was invited.

WHAT WE DO: Volleyball (for those who want to, or are able to...gets quite energetic) & board games (For those who want to or are not able to play volleyball). There is also a nursery for smaller children (we take turns watching over them). We also usually break around 7:30 & have a snack/meal together.

WHEN: Every Friday night 6:00 PM - 8:30 PM (or later...) Note, you can show up anytime during this time period.

WHERE: LDS Meetinghouse (just east of the High School on 204th)

WHAT TO BRING: Favorite board game (if you want), snack/dish to share (does not need to be fancy), friends (the more the better)

I hope to see you all there this Friday evening.

Free On Line Classifieds  
[www.VashonLoop.com](http://www.VashonLoop.com)

### The Vashon Loop

Writers: Kathy Abascal, Deborah Anderson, Marie Browne, Eric Francis, Troy Kindred, Terry Sullivan, Orca Annie, Kevin Pottinger, Steve Amos, Ed Swan, Mary Litchfield Tuel, Marj Watkins, Peter Ray.  
Original art, comics, cartoons: DeeBee, Ed Frohning, Rick Tuel, Jeff Hawley, Steve Krueger  
Ad sales and design: Steven Allen  
Phone 253-237-3228  
Email: [ads@vashonloop.com](mailto:ads@vashonloop.com)  
Editor: Steven Allen  
Email: [ads@vashonloop.com](mailto:ads@vashonloop.com)  
Publisher: Steven Allen  
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### Alcohol-Free St. Patrick's Day

The community is invited to an alcohol-free St. Patrick's Day celebration at Vashon Presbyterian Church on March 10 from 5 to 8 pm. There will be music, games and food (potato bar, salads and desserts). Come and join the fellowship. Call the VPC office (463-2010) to reserve a place.

### Caregivers Support Group

Vashon Community Care Center hosts a monthly Caregivers Support Group meeting. The group meets on the second Thursday of every month at 7pm.

This group is geared toward family or friend caregivers, rather than paid caregivers. If interested or if you have questions, please call Julea at 567-4421.

### Compost the Loop

*The Loop's soy-based ink is good for composting.*

### When Volunteering Hurts

A short tour of today's McMurray Jr. High School gives one an immediate impression that the faculty and staff are very serious about the school's policy on bullying. This seems like a completely different McMurray than the one I so fearfully attended. I remember when a teacher or two would actually stand and watch who would win before breaking up a fistfight. I believe the kids are much better behaved today because of this anti bullying policy.

So it could be said that bullying is a bad thing, right? Then I would ask if this practice is ok for adults? I would ask if it is acceptable that a school might try to dissuade a person (or two) from volunteering because of hearsay perpetrated over a long period of time by two parents who do not like the volunteers. Does this sound silly? Truthfully it is, but it is also exactly what has happened, and could happen to any volunteer who is disliked by another school parent.

In today's world of two parent incomes, latch key kids and fewer people

willing and able to donate time to our youth, it seems insane that anyone would do something of this nature. Our schools require a state patrol background check for all school volunteers who must also sign in and out at the office. Therefore this type of situation should not even fall into the lap of our already busy school administration, faculty, and staff.....that is not their job.

It has been told to me that this has happened quite a number of times. Fueled by domestic issues, or plain "adult bullying" and several other volunteers were hurt, and quit. This is shameful because it goes against what we are trying to teach our kids, isn't it? Don't we preach that truth and respect are paramount to a healthy society? But then they watch adults acting this way, and they unfortunately learn to do what we do.

I think this needs to be identified, and put to a stop. Why rob our kids of extra help where there is no provable evidence, just a contrived story?

Roger and Bridget Lehet

### Starts March 16



&



### Call for Times

### Coming March 23 Hunger Games

**Vashon Theatre**  
**17723 Vashon Hwy**  
**206-463-3232**

For show times and info check  
[www.vashontheater.com](http://www.vashontheater.com)  
*Best Rural Movie Theatre*  
*2010- Seattle Weekly*

*Make a date with Vashon!*  
**[www.VashonCalendar.org](http://www.VashonCalendar.org)**

**Vashon Library Events**  
**Art & Music Events**  
**Submit your Event on line at**  
**[www.vashoncalendar.org](http://www.vashoncalendar.org)**

### Students with 504 or IEP Meeting

Sunday 25 March from 3:00-5 PM at Movie Magic there is a meeting for all parents of students with 504 or IEP status interested in increased parent involvement in classes, strength based assessments and , exchanges with other 504 - IEP students from other districts. For more info or questions contact Marie Loeb at [loebm@uw.edu](mailto:loebm@uw.edu) or Deborah Anderson at [dha@lgcmin.com](mailto:dha@lgcmin.com).

### Food Safety for Organic Farmers & Gardeners

March 17, 9:00 AM to Noon, Vashon Cohousing, 10421 SW Bank Rd  
The Vashon Island Growers Association (VIGA) will host a free workshop for all Island farmers and gardeners on essential strategies for growing food that is delicious, nutritious and safe for our families and community. The workshop will be on Saturday, March 17th, 9:00 AM to Noon in the Common House at Vashon Cohousing, 10421 SW Bank Road. Refreshments will be provided.

All growers—from season farmers to backyard gardeners—are invited to participate in the conversation about basic practices that affect food safety, such as composting, livestock management, irrigation, and preparing produce for home consumption or sale to the public. People with farm stands or who are interested in selling at the Vashon Farmers Market, either on farm tables or in the co-op booth, are especially encouraged to attend.

For more details on the workshop visit the VIGA website [www.vigavashon.org](http://www.vigavashon.org). Pre-registration is requested. Please email Mark Musick: [mark-musick@comcast.net](mailto:mark-musick@comcast.net).

#### Bible

7th Day is Holy (Saturday)

Feasts of Unleavened Bread, Shavuot, Tabernacles, Purim

Torah in Heart = New Covenant

(Jeremiah 31.10-33 and Hebrews 8.8-12)

Which do you believe: the Bible or Oral Tradition  
[torahinmyheart.com](http://torahinmyheart.com)

#### Christian Oral Tradition

1st Day is Holy (Sunday)

Feasts of Easter, Halloween, Christmas

Torah = Not for Today

(Various theologies and doctrines of men)

### Next Edition of The Loop Comes out Thursday, March 29

Deadline for the next edition of *The Loop* is  
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**VARSA Community Attitudes Survey**

The Vashon Alliance to Reduce Substance Abuse (VARSA) is conducting a survey on community attitudes on alcohol and drug use. Your personal opinions and your perceptions of the community's attitudes will allow us to better understand how the community environment affects youth choices.

The survey is anonymous and will take about 10 minutes to complete.  
For the online version, type this link into your web browser  
**www.surveymonkey.com/s/VARSASURVEY**

You may also take the survey by clicking on the link in an email from our online publicity campaign. We ask for your patience if you receive our email from several sources. Please take the survey just one time.

Paper copies of the survey are available at Vashon Pharmacy, the Library, Café Luna, Vashon Maury Community Food Bank (on food distribution Wednesday), Vashon Island Coffee Roasterie, and Burton Coffee Stand. A Spanish language version of the survey is available at these sites as well.

We will publicize the results of the survey at our website and in local papers.  
For more information on VARSA and its partners,  
please visit our website at <http://www.varsaonline.org/>  
or call coordinator **Luke McQuillin at 463-5511**

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# Vashon Solar

Vashon Solar LLC has been working hard to get a COMMUNITY SOLAR PROJECT up and running here on the island. As PSE customers, we are all dependent upon dirty energy. 65% of PSE's energy mix comes from coal and gas. In an effort to move Vashon towards a cleaner energy future, community volunteers came together last year to form Vashon Solar LLC. Vashon Solar LLC is launching the first project for a photovoltaic array on Vashon. Community solar projects have become a growing trend in Washington State as more communities take advantage of generous government support for community solar.

One major hurdle for community solar arrays is finding a good public host site. Vashon Solar LLC has leased the great sunshine from The Harbor School and The Vashon Island School District. Early LLC efforts will allow all participants in the project to qualify for the federal 1603 grant. By getting a solar array established before summer of this year, the group will be able to take advantage of state renewable energy incentive payments for the next 8 years. All the pieces are in place; business documents, site lease, electrical installer, PV modules, and the engineering is complete. Many Vashon residents have signed up to participate in the LLC to take advantage of the government incentives and to support solar energy!

After two years in development, the time is now. The place is our community.

Support Vashon Solar LLC by joining as an individual or as a business. Any business in Washington State can take advantage of generous governmental support for



community solar just like individuals.

There are many community-related reasons to participate: renewable energy from the great sunshine at The Harbor School and The Vashon Island School District site, high-quality state-manufactured components to be installed and maintained by an island electrical contractor, supporting numerous local professionals and contractors who will benefit from the work. No moving parts! This project will generate clean reliable energy for 40-50 years. The list of benefits to this community is endless!

How do I participate? Visit VASHONSOLARLLC.COM to see the participation package. Seek out Gib Dammann for any questions. 919-3546. Fill out a pledge and e-mail back to Gib, or give him a call. Attend an INFORMATIONAL MEETING: We have a couple of informational meetings organized for your benefit. Please come by to learn more.

-Saturday, March 17th @ PSE BUILDING - 10AM to 12PM, 18125 Vashon Highway (drive just south of the Bergman Construction lot and Kathy's Corner).

# Spaghetti Feast Fundraiser for the Vashon Food Bank

by Amber Jackson, Co-Organizer and Food Bank Supporter

The people of Vashon Island Community Church are very excited to partner with the people of the Vashon Island Presbyterian Church to prepare a Spaghetti Feast Fundraiser for the Vashon Maury Food Bank. This Spaghetti Feast Fundraiser will be held on Friday March 23rd at the Vashon Presbyterian Church (the church across from the Theater). The doors will be open to welcome any and all supporters of the Food Bank from 4:30 until 7:30pm. Tickets are available now at Vashon Book Shop and at Vashon Island Community Church. Tickets are by donation, and 100% of the proceeds will go directly to the Vashon Food Bank to help supplement their current time of low donations. This is the lowest time in the year for cash donations to the Food Bank, but the need for food for those struggling in our community continues at an elevated rate.

This will be a fun event with lots of wonderful food.



We will have vegetarian and gluten free options available as well as many wonderful family recipes to enjoy. There will be a pasta bar, with different sauces to choose from and different salads, as well as wonderful garlic bread and homemade dessert options; it will be a Feast. So please make the most generous donation you can to buy your tickets as soon as possible, and plan on having a wonderful meal with people in this generous community on Friday March 23rd. We look forward to seeing you there and showing a unified support for the Vashon Food Bank!

# Come to the Cabaret

Join us for "Come to the Cabaret" and celebrate The Harbor School's 17th year as an independent private school on Vashon Island. On Saturday, March 24, 2012, The Harbor School hosts their annual fundraising benefit auction at the O Space. This year's Cabaret theme promises to be a night of feather boas and sultry musings with an inspired delectable dinner, specialty desserts, music, wall of wine, and of course, a silent and live auction with a special appeal "Raise the Paddle" dedicated to enhancing and enriching Harbor School's SCIENCE program.

Bid on fantastic items galore and help The Harbor School! The Harbor School auction committee has been hard at work procuring items and lining up fabulous gifts to bid on. A few items worth mentioning are: One week stay in the Grand Teton Mountains; tickets to Seattle's Teatro ZinZanni; trip to the Oregon Coast; Weekend Getaway in Methow Valley; a plethora of gift baskets (Downton Abbey-inspired goodies and a Thai Cooking one, just to name a few); dinners at Mileta Creek Restaurant and La Boucherie; tickets to Burlesco Notturmo and Church of Great Rain; several gourmet dinners in flavors of your choosing; sailing experiences on Quartermaster Harbor; four nights at Big White Resort in Kelowna, BC; numerous art from island artists; summer camp packages; and lots of great Harbor School student-created ART!

The Harbor School brings back islander and performer Kevin Joyce as our 2012 Master of Ceremonies and Auctioneer with the beautiful Jennifer Sutherland (aka



Students Oakley Reid, Lili Helsby, David Nguyen, and Lhamu Konrad with THS science teacher Zoe Hughes

Washington State Fairy) joining him as his Cabaret muse.

The Harbor School Annual Benefit Auction attracts over 130 guests from the greater Vashon Island and Seattle communities. Our guests are local philanthropists, business leaders, esteemed community members, island families and friends of the school.

Raise the Paddle for Science: The donations received during our special appeal on March 24th, will allow the Harbor School to renovate its old, regular classroom into a fully functional science laboratory. Proper lab tables, a practical sink, an open layout, and modern equipment like microscopes, balances, and measuring devices will give Zöe Hughes and her students what they need to turn our science program into something truly remarkable. We are currently limited by our facility, but by this fall, we will have a lab space that will allow Harbor School students to explore biology, chemistry, physics, and geology as well or better than any middle school in the region. The donations raised on March

24th will be inspiring young scientists for years to come!

Who is The Harbor School? The Harbor School is a private independent co-educational day school on Vashon Island. Dedicated to the education of the whole child, The Harbor School provides a challenging and supportive community for island children in grades 4 through 8. A strong academic foundation equips all THS graduates with a life-long passion for learning.

The Harbor School's 13th annual benefit auction will be held at 6 p.m. on Saturday, March 24, at the O space. Food, beverages and desserts are included in the ticket price of \$50. Tickets are available now. To purchase tickets, please call 206-567-5955. Tickets may also be purchased online at [www.harborschool.org](http://www.harborschool.org). All proceeds benefit The Harbor School.



# Join the SUV 6 week all island Wellness Challenge

## Register by noon Friday March 16!

Kick start your new year by making a commitment to your wellness! Make up for eating a little too much and sitting around watching the snow and rain by participating in the 2012 Shape Up Vashon Wellness Challenge, which begins on Friday March 16.

The six-week challenge is an opportunity for friends, family and co-workers to work as a team on individual goals towards a healthier, more balanced life. This is a great opportunity to publicize your organization or business, or just join as a family or friends. Teams of four compete to earn weekly points for healthy activities such as exercising, not smoking, and eating well. The challenge concludes on April 26th and will be celebrated with an awards dinner, prizes and, perhaps most important, bragging rights on April 28.

1. Form a team of 4 friends, family, and/or coworkers.
2. Register your team at [info@shapeupvashon.org](mailto:info@shapeupvashon.org) by noon Friday, March 16. Put your team name in the subject line, and list your name and email address and the names of your three other team members.
3. Go to [www.shapeupvashon.org](http://www.shapeupvashon.org) to download the easy one page form for each team member. Download the Wellness Challenge Example to see how to earn your points. Or you can pick up forms at the Parks Dept., Vashon College, or the Vashon Athletic Club.
4. Decide who will be the team leader. The leader should be a SUV member but the other team members don't have to be. The team leader can join on line: \$10 for a year membership. Join at [www.shapeupvashon.org](http://www.shapeupvashon.org)
5. Each team member

reports her/his total points earned each week to the team leader.

6. The team leader reports the total team points each week to [info@shapeupvashon.org](mailto:info@shapeupvashon.org) with the team name in the subject line.

5. Save the date April 28 for the SUV 6 month celebration dinner and the finish of the 6 week challenge! There will be prizes for the team with the most points as well as for SUV members with the most SUV stars in several categories.

All SUV members also receive stars for activities! Team members can join SUV at any time to start receiving stars and chances for prizes too!

For any questions, email us at [info@shapeupvashon.org](mailto:info@shapeupvashon.org)

This is a fun Shape Up Vashon activity – you don't want to miss out!



# Island Life The Puget Sound

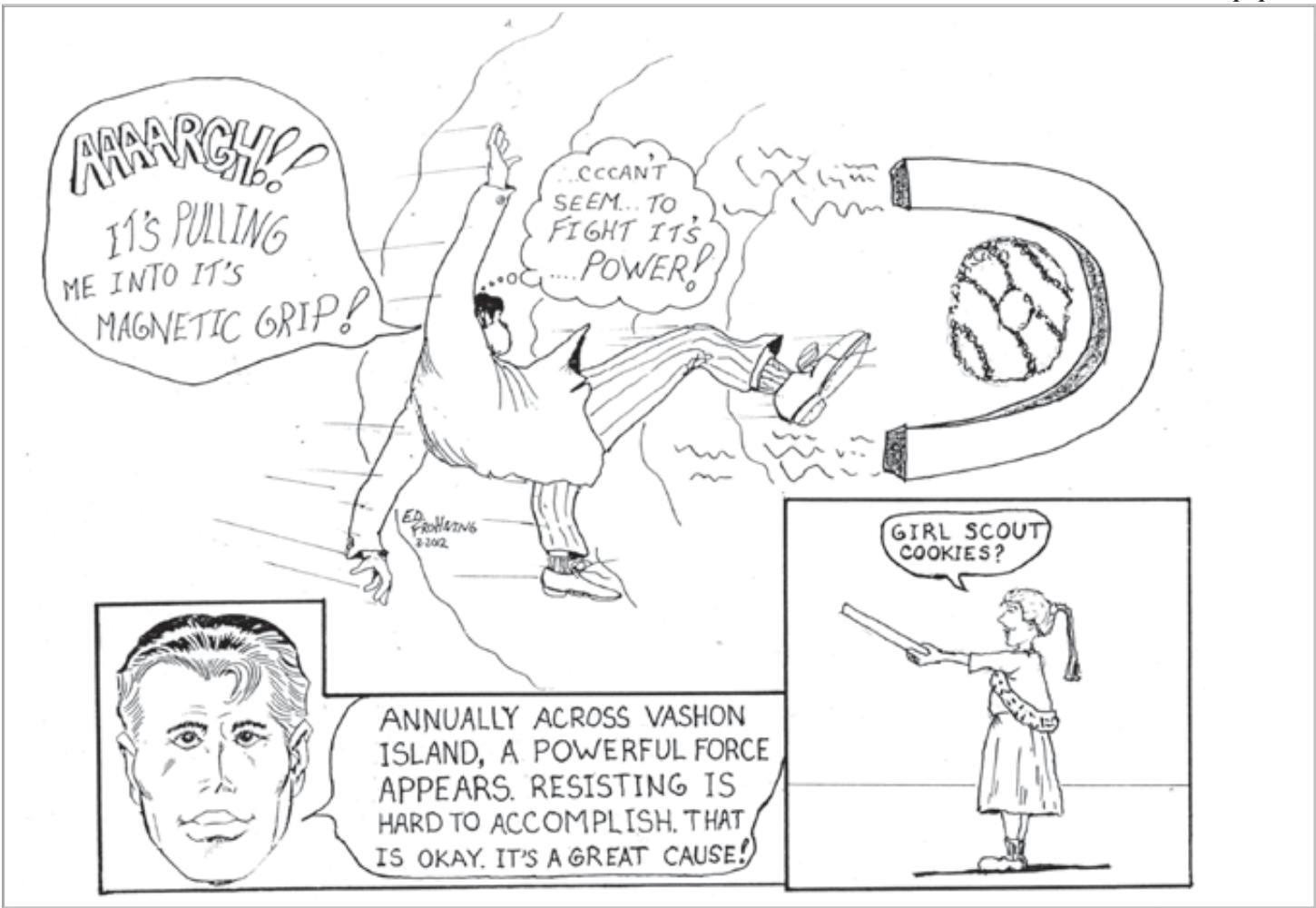
by Peter Ray

I awoke this morning to the sound of wind in the trees. Actually, that is not quite true. What more or less semi-startled me from a brief slumber was the ruction generated by agitated dog activity. One would normally refer to this disturbance as “running up and down the stairs and barking loudly”, but we are not living in normal times. A few beats short of where I was about to don my Smithers persona and go downstairs to release the hounds on whatever mission they deemed so important at 2 a.m., I heard Wendy groan and shift and slowly head their way instead. It was then that I noticed the wind.

Wind in the middle of the night around here has a few meanings. If it is accompanied by the sound of rain dripping on the deck, because the gutters are clogged from lack of attention, then it is probably Fall or Winter and we are being pummeled by a pineapple express. If it is Winter and the nighttime winds are raging without that telltale drip, then it is time (or past time) to protect the water pipes and tender plants, as an arctic blast is in the process of bringing a taste of the tundra to your very doorstep. This very night, however, there was no dripping and it wasn’t Winter (in spite of many evidences to the contrary), so that meant that a Pacific high was kicking in and the morning should be bright and sunny. This would mean a change from the mornings recently passed, where the fog slowly filtered through the firs and the only sound resembling a wind was the noise made from air being forced through horn shaped instruments mounted on various vessels attempting to navigate the pea soup layered on the water around the Island.

As the morning turned to midday, there was no blast or express train whistle or wail, just the light rustling of leaves and branches and a relative calm that has settled in with the warmth that an absence of clouds allows. It is a time like this when friends or visitors visit and the standard first comment comes to the fore- “It’s so quiet here.” It is the same thing I say to myself when I step outside on mornings when nothing is moving. It is something we take for granted. It is also something that is only true on a relative scale.

When the frogs finally got their warmer chorusing weather and started in full force almost three weeks late this Spring, I set a camera out on the front porch facing the pond and let it record the cacophony for a few minutes. If you walk out into the night and the total experience choir of a western tree frog song session, without of course disturbing their flow and scaring them into a pause of silence, one finds a circumstance that fits the description of being so loud one almost can’t think. What we found upon reviewing the tape however, was that even though the camera’s microphone was facing 180 degrees from the house, you could still here the TV inside on the other side of the wall and closed door. And even though we are about a quarter mile back from the highway, you could still make out the drone of cars and wheels of commuters coming home from the 9:20 boat. I noticed a similar effect when I went out to record a bit of early Summer robin banter. While I was focused on the back and forth of bird calls, that was all I heard. And then something shifted in my perception as I sought out other sounds that might be in conflict with what I was after, and there in the distance was the buzz of a weedeater, the overhead Doppler shift of a private plane coming



and going, and just as I was shutting the camera off, an emergency vehicle headed north on the highway on a loud but urgent mission.

There was a recent bit of buzz that caught my attention about a Vashon hum. While the coverage mostly seemed to give it a “Strange Tales” spin, it seemed to me that I had experienced a similar auditory snippet at different times during the years, but had always assumed that it was the low rumble of a passing freighter. We are, after all, in the middle of two shipping lanes. And as the wind can bring cold and rain, it can also toss sounds around. On various occasions (more so back in the pre-turbine engine times) I have heard the boats of summer raising a ruckus on Lake Washington, all while standing in the backyard garden or nursery. One can hear cars unloading from the ferries four miles to the north when the wind is right. I have heard the baying of sea lions even though we sit in the top, middle of the Island. The mystery sound I have yet to determine the source for is the very occasional skyward pop that still causes me to look up in search of a puff of smoke or flattened and fluttering carcass of a former balloon drifting earthward. I have also heard this out on the coast- it is very quiet there as well.

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Thursday  
March 29

Deadline for the next  
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## Next Loop comes out March 29





**Planet Waves**  
by Eric Francis <http://www.PlanetWaves.net>



### *Aries (March 20-April 19)*

Your chart gives an image of you remembering something brilliant that you forgot. Something, such as an idea. You may have solved a problem, then misplaced the solution. You may have come up with a creative concept -- an article, a book, a song, a film, an invention -- then it got pushed to the back of your notebook, or you never bothered to write it down. Yet there is an underlying story here -- there is something you may remember about yourself. It may be a discovery you made, such as direct contact with the energy that would guide you to a solid sense of direction. One quality that it might have is that the inner revelation is so striking you have no idea what you might do with it, and that might lead you to set it aside yet again. In truth, we're talking about the recognition of who you are, which can arrive in the form of direct contact with your inner being -- yet it will feel like remembering something you've felt before, maybe a long time ago, no matter how vague or dream-like the memory is.

### *Taurus (April 19-May 20)*

Are you feeling overwhelmed? I see a few possibilities. You may be in a cycle that you don't know how to get out of. Or, you may be noticing some qualities of yourself that you wish you could change, but you're not sure how to do it. These qualities might exist inside your idea of yourself as a 'good person' or 'helpful person' and may even lead you to wonder whether that's really true. Be aware that you're in the midst of a magnifying effect -- certain elements of your psyche are under a lens right now, where you can see them and where you can, in fact, address your concerns. But that's not all that's happening; you're making discoveries about the love that you have to offer, and you may be figuring out that the only thing you really can do with love is to give it away. Whatever else you may be working out -- and there do seem to be a few deep issues -- there's a miracle waiting for you in the recognition that love is what you give.

### *Gemini (May 20-June 21)*

You cannot control how people perceive you, so you might not want to put too much energy into pretending that you can. You can have a lot more fun being yourself with no particular attempt at spin or image control, and noticing how other people respond. Push the bounds of what's considered appropriate. Say what you don't usually dare to say, and go one layer deeper. You may find yourself in unusual company, as in among people you don't usually hang out with, and also entirely different kinds of people than you're accustomed to. The truth is you're a lot more like them than you may think. You are one of the slightly odd, eccentric, creative critters that people look up to because they have that extra edge of freedom. What your charts are suggesting is that now is the time to embody that in a bold way. There is indeed freedom in not caring what people think, but at the same time learning something from how they respond.

### *Cancer (June 21-July 22)*

Success is an ongoing experiment -- not a destination. Remember that this week, as the experiment proceeds in some interesting directions. To facilitate this, I suggest you stay vocal and visible. Announce your existence to anyone you want to make contact with, particularly people you look up to or admire. I

suggest that the transition be a respectful approach to a colleague or potential collaborator rather than 'fan mail'. Investigate organizations that you might want to be involved with -- merely on the basis of the affinity that you share with them. If you look, you will see people, or networks of people, with whom you want to share your energy. None of this may get immediate results (but then it could very well). The one key is approaching from a place of openness and curiosity rather than attachment to an outcome; you're in an environment of 'expect the unexpected', which actually means that the likeliest outcomes are not on your list. This one fact is good for at least half the fun.

### *Leo (July 22-Aug. 23)*

I have a couple of experiments to propose for you, around the theme of money and value. Experiment one is take some cash out of the bank, if you can. Take out more than you would normally carry -- as much as you can afford, or as much as makes you a little nervous to have. Carry it in your pocket and don't spend it. Feel it as potential that you can use at any time for any purpose you want -- but leave the possibilities open. Experiment two is to consider your value in any way besides monetary. Keep this as close as possible to the surface of your thoughts. Consider the influence of your ideas, the value of your time toward a goal, the value of your help to others and the appreciation that they may feel for you. Then, exert some of that influence. Make an idea known, that you might ordinarily keep to yourself. Help someone when you have the option not to. Contribute to a group project by adding your energy. As you do all of this, note the differences between money and value.

### *Virgo (Aug. 23-Sep. 22)*

There's a delightful, little drama that's been developing in your sign, involving Mars retrograde. For the details, you will need to read the articles on the Planet Waves blog, but I can sum up here. Mars retrograde is taking you on a journey into yourself, and its most recent stop was a visit in the land of how convoluted the psychology of sexual desire can be. This plays itself out in your relationships as a constant crisis of faith, self-criticism and a kind of perfectionism that you're seeing doesn't get you anywhere. Yet this is not the destination of Mars retrograde -- this transit goes deeper, to the point where Mars opposes Chiron in Pisces. This puts you in contact with a core layer of yourself: with the source of your power and also of your pain, which are closely related. The key to growth, as you may know, is learning from everything and taking any experience as a means to self-knowledge. Keep going past what you think you don't know; past what confuses you; past what makes you doubt yourself, and follow the story deeper, day by day.

### *Libra (Sep. 22-Oct. 23)*

If you've ever been in therapy, maybe you got to this point once or twice: you realize that the complicated psychology of other people is too much to deal with, and it's not your problem anyway. As an antithesis to the games people play, both with themselves and with others, you merely have to notice how people treat you, including whether they mean what they say. You can cut all the games short by using these basic criteria. It helps a lot if you stop trying to understand the seemingly complex and sometimes self-defeating motives of others, and focus exclusively on what drives you. As you



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grow to understand yourself better, others will become increasingly transparent. Some people are motivated by the desire for communication and community. Others spend their lives avoiding this. While it's never really possible to sort humanity into two distinct camps, people tend to lean one way or the other. Now, think of this as the one question you have for yourself: which is your preference, and how do you express it.

### *Scorpio (Oct. 23-Nov. 22)*

You must be thinking: there has got to be some kind of conspiracy. You keep meeting the same kind of person, who has the same basic problems. The world of demented relationships, denial, pills and attempted glamor stretches from the trailer parks to the suburbs of every city to Hollywood, in an unbroken line of connection -- unbroken, that is, except for your need to break free. There is a force deeper and more powerful than the prevailing sickness of our culture that is drawing you deeper into your core. You might think of this as a quest for your inner healer, the aspect of your psyche that knows you so well, and that knows how to turn struggle into strength. I'm not sure you've heard it in those words, but I think that this is the essence of healing. There's a reason that so many spiritual texts say that all things work together for good; I would propose that they must be worked, together, for good -- and that what serves your healing will ultimately serve the healing of the people around you. We see every day how humans can be an adverse influence on one another; it's time to consider how we can build a community of mutual witness and positive example.

### *Sagittarius (Nov. 22-Dec. 22)*

Take advantage of this moment; that advantage is that you have some perfect opportunities to ground your ideas, to put them into solid form, and to integrate them into your career plan. If you don't have a career plan, this is the time to make one -- based not on what you wish you could do but rather on what you actually do, what you love to do, what you express the desire for by taking action. Clean up old plans, with no attachment to things that don't work, are not fulfilling or don't meet your needs. You're not going for perfection here, but a general sense of correctness. Good enough means worth investing your precious time and energy into. Yours is a fire sign, which means that you're a brilliant initiator with excellent ideas -- but your disadvantage is your tendency to be so in the moment that you don't consciously build a foundation for the future. What you're doing now is part uncovering and dusting off the old foundations, part repairing them, and part building new structures.

### *Capricorn (Dec. 22-Jan. 20)*

You seem to be in the midst of an emotional tizzy of some kind, though it may be subtle. Mainly it's messing with your confidence, but I have a suggestion. You're better off, for now anyway, being a little off-kilter, as if you just stepped off of a boat and can still feel the motion of the waves even as you step on dry

land. I suggest you feel each step you take, putting your feet on the ground carefully and one at a time. You have an opportunity to take nothing for granted. This may involve a specific emotional matter very close to home. The astrology for the next few days might make you inclined to jump to conclusions and be emotionally reactive -- that won't help. Bide your time and listen to what others are saying, and listen to what that deep voice in your belly is saying to you. You really do know how you feel, but it just may take you a little while to figure it out, and to feel confident that how you feel matters. There is no rush. Remember that, especially when you're inclined to speed things along.

### *Aquarius (Jan. 20-Feb. 19)*

Recent events seem to have stirred up something of a psychological disturbance for you, and I suggest you take some time and let the waters settle down. Ask yourself the question: what is this really about? You seem to be aware that there are deep and perhaps troubling issues. I suggest you take your time with this and not decide that it's something that you can or must work out all at once. There are many excellent developments brewing in some of the most visible areas of your life, and you don't want to divert energy away from them. I suggest you maintain a devotion to healing in the most positive way you can -- as a loving commitment to your personal truth -- and gently go deeper to figure out what you're really working through. Meanwhile, you have some opportunities to be more visible than you normally are -- and to feel more appreciated for what you do. You can help your healing process by carefully noticing how you feel when people express their authentic gratitude and admiration for you.

### *Pisces (Feb. 19-March 20)*

The Sun is now moving through the very last degrees of the zodiac in Pisces, approaching the vernal equinox in the sign Aries. This transition has at least two layers of meaning for you. The last degrees of Pisces have a visionary quality; each day brings a new sensation of transparency, of change, and some taste of what is possible. Make sure you look carefully enough to notice, both in your inner world and the one that seems to surround you. Remember to hold the vision not just for what you want, but for who you want to be. You contain all potentials, and if you focus your vision and apply some creative energy, it's only a matter of time before you grow into your vision. As the Sun moves into Aries next week, you get a reminder of what distinguishes you from others. It's not merely going on in your imagination -- it is your imagination, that is, your ability to think in images. Yet there is something else: a radical quality that ensures you play your own original tune, and that you're never influenced by someone else unless you want to be.

Read Eric Francis daily at  
[www.PlanetWaves.net](http://www.PlanetWaves.net).



# Spiritual Smart Aleck



www.spiritualsmartaleck.blogspot.com

## Road Trip, Part One: Northern California

by Mary Tuel

Drove down to California a few weeks ago. I went down I-5 as far as Grants Pass, and then cut over to Crescent City on the coast, where I spent the night, after driving up to say hello to Smith River. Had



Fishing cabins at the mouth of the Smith River, ca. 1930s

to say hello, because my father’s family used to have a place there. My grandparents, Percy and Lyllian Litchfield, owned a fishing camp at the mouth of the Smith River, a few miles north of Crescent City, in the 1930s. It consisted of a few small wooden cabins built on the bluff over the lagoon at the mouth of the Smith River. Down below was the dock where fishermen set out to to catch the wily trout. Nowadays there is a motel, a restaurant, a permanent trailer park, and accommodations for traveling RVers there. You’ll know the place if you drive by on Highway 101 because the whole property is now the Ship Ashore, so named because there is a red and white ship sitting by the highway. Back in the 1950s the ship sat out at the top of the bluff, and the fishing cabins were still there. I don’t know how it came about that the Litchfields became attached to Smith River. I’ve heard that my grandmother Lyllian was the one who loved the place dearly, and Percy loved Lyllian dearly, and that’s why they bought the fishing camp. Lyllian died in 1938 at the age of 51 from Pick disease, a form of dementia, and Percy sold the camp and stayed in

Watsonville from then on. But during the 1930s they went to Smith River often. My mother worked in a garage in town, and she told me that they’d get done with work on Friday afternoon, get in their cars, and drive all night from Watsonville to Smith River, spend Saturday and Sunday there, then drive back Sunday night and go to work in Watsonville Monday morning. My cousins and I have asked each other how in the everlovin’ blue-eyed world they did it. These people were driving 1930s cars at 1930s speeds on what was then the twisting two-lane version of Highway 101, a distance of about 500 miles. Our parents told us it took them about ten hours, one way. I’ve got to figure they took turns driving while the others slept. When I was a child and the family drove up that way, my mother was always pointing out the window and saying, “There’s the old road,” and I’d look, and sure enough, there was the cracked and overgrown pavement of a winding two-lane road. You can still see it in places, the road and one or two of the bridges that were built back in the day with their quaint concrete railings and lovely arches. That road drove around hills and ravines

and threaded through the giant redwoods. The part that threaded through those giant trees is still there, preserved as The Avenue of the Giants. You have to get off the freeway to see the redwoods now. About twelve miles south of Crescent City is the tourist mecca known as the Trees of Mystery. We always stopped there on the way home when the boys were little. It was great – you took a walk through the woods, which was perfect for two little boys who’d been sitting in a car for days, and you came out through the gift shop, where we’d get a toy or two for each child. Cheap thrills. Broke up the trip, and if the kids got to talk with the giant Paul Bunyan statue in the parking lot, so much the better. This trip I stopped long enough to take a picture of Paul and Babe the blue ox with my cell phone, and text it to our sons. A little reminder of another time, before the children they were grew up and got into rap and metal and employment. Yeah, driving 101 through northern California brings up lots of memories, some of which are mine. Next time: A cemetery tour. More fun than it sounds like.



Northern California Coast, February 2012

# Girl Scouts Celebrate 100 Years



By Karen Pruett

March 12, 2012 marked the 100th birthday of Girl Scouting in the United States when Juliette “Daisy” Gordon Low held the very first Girl Scout meeting in her Savannah, Georgia, home. Those eighteen brand new Girl Scouts had no way of knowing that they had just paved the way for millions of American girls by showing them a new way to have fun while learning life skills. Within a few years Juliette received requests from women all over the United States asking how to start their own troops and today Girl Scouts USA is home to over 3.2 million girls and adults. For every ten women you know one or more is a former scout. Collectively they will have hundreds of tales to tell about campfires, stargazing, crafts, badges and cookies. Seasoned Scouts can even tell your era by what cookies you sold. In fact, more than 50 million women in America are Girl Scout alumnae and some women remain Scouts for a lifetime; Vashon is home to two of those women. In 2011 Carol Slaughter and Becky Baumgartner received their 70-year and 55-year pins, respectively, at the Annual Meeting in Atlanta, Georgia. In fact, the Island is home to hundreds of former scouts and a party to celebrate Juliette’s dream-come-true is in the works, but for now we’d like to take the time to say, “Happy Birthday Girl Scouts!” A job well done. Every girl or woman who spent a year or decades camping, selling cookies and making friends is invited have your cake and cookies too. Carol, Becky, Cindy Thomas and myself are in the planning stages to mark a century of Scouting and would love to hear from former Scouts here on Vashon as we formalize party plans. For more information please contact Carol Slaughter at 463-2274 and Becky Baumgartner at 463-5767. Carol and Becky have also created a fun display at the Vashon Library, be sure to check it out! Cindy and I moderate the Facebook page, “Vashon Girl Scouts,” and we’d love to hear about your experiences and share pictures. Margaret Danielson was the Island’s first Leader in the early 1930’s and she led the way for Girl Scouting on Vashon. In the 90’s Carol helped set up Vashon’s Service Unit and my daughter was in Cindy’s troop the year before I became a leader. Carol knew every camp song and had no problem dancing the Macarena and Cindy always had a great project for the girls to do. We marched in the Strawberry Festival and Christmas parades, sold a few thousand boxes

of cookies to delighted Islanders and the entire Service Unit camped at Lyle McLeod; a local Girl Scout camp. We were stewards of Lisabuela and each summer had a Playday and cleaned the beach. I’ve had the distinct pleasure of being a Girl Scout in California and a Co-Leader here on Vashon; both are filled with fond memories of camaraderie, camp and cookies. Oh yes, Cookies! It all started with the Trefoil because a woman wanted to make life better for girls. Scouting has left its mark on American women, thanks to a European’s dream. Sir Robert Baden-Powell and his sister Agnes Baden-Powell, founders of the Boy Scouts and Girl Guides in Europe, met Juliette Low in 1911. Juliette was immediately inspired and, with the Baden-Powell’s guidance, channeled her considerable energy into the fledgling movement; the cookies came about as the girls earned money for field trips and community projects. Juliette’s vision has left millions of women with fond memories and practical experience. Cookie sales taught my daughter valuable skills that she applies in her life today, for me, it was always a pleasant experience to bring a little sweetness to our neighbors and earn money for campouts; Girl Scout cookies literally sell themselves on our little Island. And speaking of Thin Mints, Vashon’s Independent Girl Scout, Ciera Orchard – 463-3972, will be at Thriftway between March 2 and Mar 18. Look for her there or call for an order, let’s send this hard-working Scout to camp! The selection this year includes Trefoils, Thin Mints, Samoas, Tagalongs, Do-Si-Dos, Thank You Berry Much, Dolci deLeche, and the 100th Birthday special Savannah Smiles, a crunchy lemon cookie. They are \$4 per box with part of the proceeds going directly to Ciera as an Independent Scout; the rest pays council staff, camp maintenance and camp scholarships here in Washington State. You may also donate cookies directly to Ciera for Operation Cookie Drop for the troops. Girl Scout fact: Do you remember Swaps? Every year Canadian and US Scouts meet in friendship and swap these tiny pins at the Peace Arch in Blaine, WA. Share your Swaps ideas on our Facebook page! www.facebook.com/pages/Vashon-Girl-Scouts/299979793369926?sk=wall&filter=1

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Island Epicure



By Marj Watkins

Soda Bread for Tea with St. Patrick

St. Patrick probably ate his soda bread with butter and bogberry or blueberry jam, and drank mint tea with it. Ireland is too cool for wheat, but the Irish of St Pat’s time had oats and could have grown barley. Caraway plants grow pretty far north, so I believe the Irish recipes that contain their seeds are probably ancient. I do not believe grapes grew in Ireland before the global warming that preceded the Little Ice Age of the mid-1800s.

Bread back between 300 and 400 C.E., really was the staff of life. Potatoes were still more than a thousand years in Ireland’s future. Though high-ranking the Romans over in continental Europe had brown cane sugar from Sicily, the Irish depended on honey for sweetening foods, as an antiseptic for wounds, and as a preservative for their bread.

To reproduce as best I could the bread that sustained the 4th century bishop in Ireland, I used barley flour, eggs, soda with vinegar for leavening, honey for sweetness and to keep the bread fresh, and caraway seeds for flavor. Instead of the peat fire before which St. Patrick’s bread baked, I worked out my American oven temperatures to produce a nicely browned round loaf.

Barley flour is not quite gluten free, but is low on the Glycemic Index. If you are sensitive to gluten, you might choose to make sorghum bread.

It’s delicious but a bit gritty and very crumbly. Using part sorgum, part tapioca flour, and part brown rice flour works better. This wholegrain barley flour bread has a little gluten, a smooth texture and superb flavor. The egg or eggs add protein and reduce crumbling. Let the loaf cool before slicing.

- IRISH SODA BREAD
- Makes 1 round loaf Or two
- 3 1/4x5 ¾ inch loaves
- Preheat oven to 400 degrees
- 2 to 2 ¼ cups barley flour
- 1 teaspoon baking powder
- ½ teaspoon soda
- ½ teaspoon salt
- 2 teaspoons caraway seeds
- ¼ cup soft butter or 2

Tablespoons light olive oil  
2/3 cup milk  
1 Tablespoon honey  
2 teaspoons vinegar  
1or 2 eggs  
1 teaspoon baking soda  
Sift flour, salt, soda and baking powder into mixing bowl. Stir in caraway seeds. Cut in butter if using. Stir in raisins. Warm milk. Dissolve honey in it. Stir in vinegar and oil if not using. Combine the vinegar-soured milk with egg and fork-beat well. Stir in baking soda. Stir into flour mixture..

Shape in a ball. Place in a greased and floured round 7-inch pie pan or ceramic casserole dish. Or make two loaves and place them in 3 ¼-x 5 ¾-inch greased and floured pans.

Bake 10 minutes at 400 degrees. Reduce heat to 350. Bake casserole bread about 40 more minutes for 1 hour altogether, or bake as small loaves 30 minutes Test for doneness with a cake tester or wooden pick inserted in the center of the loaf. When it comes out clean, the loaf or loaves are done. Cool in casserole or pans for 10 minutes. Turn out on wire rack to cool more before cutting. Slather slices with butter and honey and or jam.

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Legally Blonde: The Musical  
is rated PG



Anna Hicks (Elle Woods), Hailey Quackenbush (Paulette), Marissa Leone (Beautician’s assistant), Kaitlyn Davies (Customer), Katharine Misel (Manicurist)



Maggie Amundsen as the Judge, Anna Hicks as Elle Woods, Stephen Floyd as Professor Callahan, Kaydi Rosser as Brooke Wyndham and Alec Spenser as Emmett Forest

Legally Blonde: The Musical is produced by special arrangement with Music Theatre International

Produced and Directed by Stephen Floyd and Susan Hanson  
Choreography: Sarah Seder  
Music Direction: Maggie Laird  
Scenic Design: Craig Hanson  
Lighting Design: Ben Stream

# SPAGHETTI FEAST

An Inspired Fundraiser for  
Vashon Maury Community Food Bank



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4:30 – 7:30pm  
Vashon Presbyterian Church

Tickets by donation at Vashon Bookshop,  
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Gluten-free and vegetarian options will be available

Prepared by Vashon Island Community Church  
in partnership with Vashon Presbyterian Church

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# Positively Speaking

## Longest Expectations

By Deborah H. Anderson



Fried eggs with a dollop of fresh guacamole and an entire English cucumber sliced up next to them could not and would not have been passed off as dinner when my kids were all home and there was a dad floating around the house. French toast, which we called ‘breakfast for dinner’, maybe but the singular need for routine and recognizable food groups that included pasta and meat and traditional presentations of veggies was the rule of the day. My youngest son recently reminded me I baked a lot of meatloaf.

A current news article presented the truth that 1 in 7 Americans now happily chooses to live alone. I’m one of those, although when I read about the guy on Mercer Island who is an independent engineer who works six months and travels six months and is looking for a life partner, I started thinking about reconfiguring my life.

Whoops! I just did it again. Three times in the last month I have made the mistake of mentioning that I am looking to date again. A single older woman can’t do that. Especially to people who have been partnered a long time. They have silenced their radar and so they hear anyone talking about exploring the great outdoors – outdoors of their partnership—as a brazen hussy. So... forget I ever mentioned my social life except....take with you in your brain as you read this column the idea of putting your stuff onto someone else.

For example, I don’t expect my happily or contentedly or routinely partnered and married friends to go out in situations where there might be an encounter with, in my case, the opposite sex that would end up in a date. I also don’t expect them to desert their own family obligations to enjoy a social activity with me either. I recognize they have a different routine.

They are most likely not coming home and grabbing a bag of pita chips and hummus and calling it dinner. I frequently do. They are not looking at their weekly hours of activities as anything other than managing and caring for others and their needs. My job is about caring for others, but the cats take about two hours a week. Other than that, my constant quest is how to find more time to write more words in more genres.

Recently I wandered into the ‘What Does Vashon Want’ meeting. The first one, the one in the O Space. I thought to myself finally all the various groups were going to get together and have a conversation. I expected to see all the

arts and education and faith community groups I hang out with mingling with the business people and the civic people and the commuters who have no time to belong to any group except the ones that lift their hearts from the weary load of travel.

Wrong. I had the wrong expectation. Happily all the people there were those I had read about as having, just this side of, a major brawl moving about the room chatting in small groups and writing on big pieces of paper, finding consensus under the aerial ropes in a place big enough to give the feeling it could handle dissent.

My friend and I chose to use the time to discuss a situation that was heavy on our spirits about a segment of our personal lives. It was easier to talk about it huddled on a well-worn couch that sank too deep amidst the laughter and light chatter of people discussing water issues and ferry rights. The two of us had new expectations about what we wanted for a certain part of our life. Hmmm expectations.

I’ve come to observe that what truly gets us into trouble on this Island is our expectations. We are constantly caught up in the diversity of expectations. The facts and figures of our diversity we welcome and hold up as a paragon of virtue. But the expectations those facts and figures bring cause us to stumble, resent, or work at cross-purposes with each other.

The other factor that gets in our way of unity or consensus is our longings. Whether we voice them or carry them silently in our hearts, that which we long for causes us to look beyond the present and see those who stand in the way as an encumbrance.

What’s the way towards peace? We just have to do what they did at that meeting. We have to talk about our longings and clarify our expectations. All the work that gets done before that as we, ourselves come to grips with that which resides within us is ours to do. We need to do our inner work. We add nothing to the universe if we are not internally defined.

What are you longing for? What do you expect? Two of the best questions ever. Fun to ask, even more fun to answer. Second step ... sharing your answers.

Love,  
Deborah



*The Free Family Film Series will be showing “Charlotte’s Web” -- the original cartoon musical at the Vashon Theatre on Sunday 15th April at 1:30... Thanks. Drop my blogs for now. I’m revamping everything because of what I’m learning in the Edge*

*Want to read more of Deborah ? You can find her at three separate blogs: [www.onewiththerootbeer.blogspot.com](http://www.onewiththerootbeer.blogspot.com) Simple Parenting in Challenging Times is a blog for parents offering practical advice and observations on a raising children from pregnancy through the teens.*

[www.mealsandmoments.blogspot.com](http://www.mealsandmoments.blogspot.com) Real Encouragement in a Virtual World is a blog for personal growth recreating those conversations that helped us grow around the dinner table. Musings and observations encouraging each person to push the envelope on how they can grow in healthy ways emotionally and socially.

[www.socialcontemplative.blogspot.com](http://www.socialcontemplative.blogspot.com) Under the Rock:Encouraging Faith Based Leadership is a blog for pastors and lay leaders eager to have more salt than shaker in their ministries offering spiritual development as opposed to the perpetuation of arbitrary or traditional church culture.

# Life in the Temple: A Call to Disconnected People

By Mike Ivaska

We’ve all heard the phrase, “My body is a temple.” It comes from the Bible, indirectly at least. The New Testament (the part of the Bible that was written after Jesus) talks a lot about people being God’s temple. But only in two places does it refer to an individual’s body being that temple. Jesus referred to his own body as “this temple” (John 2:18-22) and in one place Christians are told to avoid sinful sexual behavior because their bodies are temples (1 Corinthians 6:19). Otherwise, when the New Testament uses the metaphor of a “temple” it always refers to God’s people gathered together.

Americans are deeply individualistic. Our entire culture, even in its current “postmodern” form, is a product of the Enlightenment. In a lot of ways the Enlightenment was a really good thing. Almost every one of my personal assumptions about “life, liberty, and the pursuit of happiness” is the result of the intellectual revolution that we call the Enlightenment. The autonomous, critically thoughtful individual was the icon of the Enlightenment. And without this rugged individualism we would not know most of what we know or have most of what we have. But in the process of tossing off the authority which hampered this freedom and discovery, modernism (the age that was dawned by the Enlightenment) also tossed off community.

By going inside ourselves (or off by ourselves) to find personal truth, meaning, and freedom, we have shut ourselves off from one another. Even where “community” exists, it is usually a “community” of individuals. We gather in groups to find meaning in peer acceptance. We gather into groups as a means of furthering our own self created identities. Most community today is a rallying around a cause or a hobby.

When Jesus called men and women to himself, his goal was that he be the center of the community he was creating. That is why the main activity of Jesus’ followers when they gather together is prayer and worship. Even though Jesus is no longer physically present with us, he is present with us by his Spirit as we

pray, study the Bible, and sing together. And it is the presence of the Spirit that makes our gatherings “a spiritual house” (1 Peter 2:5).

There are many believers in Jesus, and many disconnected spiritual seekers, that have sworn off church or “organized religion” for one reason or another. Some get frustrated by running into political opinions that differ from their own. Some become disillusioned when they realize that forgiven sinners are still sinners and not the “saints” they expected them to be. Others think church is too quiet and boring - or too loud and chaotic (which might be your opinion of our church depending on the Sunday that you visit). Sometimes the Christian message winds up not being the message you wanted it to be, and so you decided not to stick around.

But I have found that if I am really looking for God and if I am really looking for community, I can’t decide ahead of time what God and community are supposed to be like. If I am really looking for God, and am not just looking for myself, then I have to be prepared for him to surprise and possibly even offend me. If I am looking for community, and am again not just looking for myself, then perhaps I need to be ready to run into people who aren’t quite like me, who might not vote like me, and whose imperfections at times really, really bother me. But I have also found that when I am actually seeking God, and not myself, I find him. And when I actually make room in my own heart and life for God’s people, I find a community of people – a temple of the Holy Spirit – among whom I have a role to play and who themselves have a role to play in my life as well.

*Mike Ivaska moved to Vashon Island with his parents and brother in 1988. He grew up on the island and graduated VHS in 1998. He and his wife Nichole attend Vashon Island Community Church, where he serves as associate pastor. Mike blogs at [www.vicc4life.com/blog](http://www.vicc4life.com/blog). Worship services at Vashon Island Community Church take place every Sunday morning, from 10am until about 11:30am, across the street from Chautauqua Elementary on Cemetery Road.*



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# The Road To Resilience

Continued from Page 1

to participate

- Use of art as a means of expressing common feelings/aspirations
- A desire for interdependent, non-exploitive ways of working together
- We need to balance intangible expressions of emotion, spirituality, and creativity with concrete issues and concerns
- Split personality - wanting to reach out to each other while drawing in to protect what we have at the same time.

Overall conclusions:

- Relationships among us are all-important; we need to build trust before we can take concrete action. We need to reach out by making presentations to other groups rather than expecting them to come to us.
- The process is all-important. Further build trust by deepening the interactive meeting flow to give everybody the feeling that their ideas are being heard and considered.
- Focus on commonalities; we may find that we agree far more than we disagree.
- Need to tackle real issues or facilitate groups considering real issues and arriving at sound, broadly supported solutions.

There were a number of specific ideas presented that will be available to you at the above mentioned website.

All of this is very heartening to those of us proposing a transition to a more self reliant, sustainable Vashon. Those of you that attended the meetings have indicated that there is a strong focus on Vashon

on exactly the right elements to get us where we need to go:

- That we need a strong and close community characterized by mutual respect and trust,
- That we need a process and a forum in place to establish and maintain that,
- That we must see to our own needs to as great an extent as possible; that we can't expect the State or the County to be there for us,
- That we and our activities are inextricably a part of and dependent on the healthy natural life system/ ecology of our Islands and the region.

What is important now is that we continue this process, bring in more participants, and build credibility!

In my column last week, I referred you to the Yard Share website to connect up with gardeners or garden space. I'm sorry to say that the site was taken down after the recent sale of the carrier (Grouply) to another company. We weren't even notified. Many of you wrote to express your interest and frustration. My wife, Elizabeth, spent many hours setting that up and is looking at starting all over. Until we have another site up, send your info and request to me at the email below, and I will try to pass that out to all of you that respond. You can make your needs known to each other and, hopefully, some of you will hook up. This is what resilience is all about!

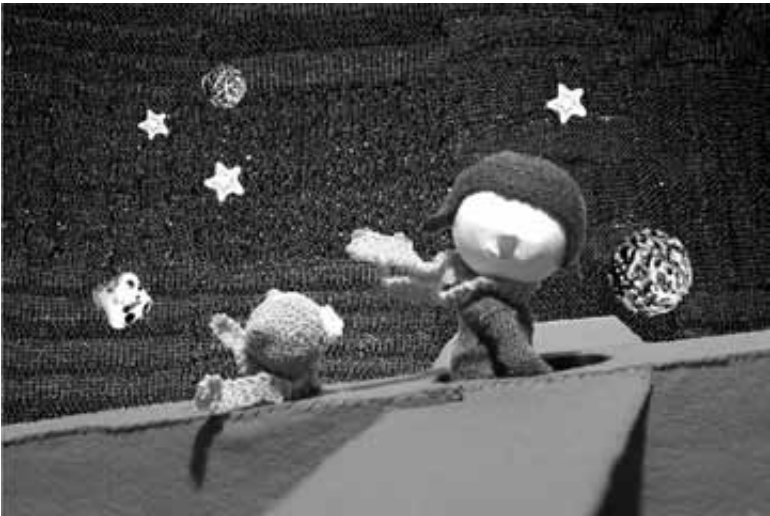
Comments and requests:  
terry@vashonloop.com

# A magical weekend of films for the young (and young at heart) is coming to the Vashon Theatre on March 24 and 25.

On Saturday's program, film goers will get to go "Around the World" and enjoy some of the best live action and animated short films from the recently wrapped Children's Film Festival Seattle, The festival is curated by Vashon resident Elizabeth Shepherd and was presented at Northwest Film Forum about a month ago. Shepherd generously puts together a special show for Vashon Film Society and the Vashon Theatre every spring that imports programming from the acclaimed Seattle festival to the island.

With offerings from film makers in Russia, Canada, France and beyond, audience members will be taken an international flight of fancy to see snowmen, marmots and a boy and his cat flying in a knitted red plane. One film depicts a boy whose cello practice transports him to a magical place while others show how a child's imagination can solve problems big and small. Three films have subtitles, and the total running time of the shorts program is 61 minutes. "Around the World" plays at 1:30 PM on March 24.

Sunday's screening showcases the charming silent film version of "A Little Princess" with live harp accompaniment by Vashon's



own Leslie McMichael. This 1917 movie was the very first film rendition of the beloved children's novel by Frances Hodgson Burnett and is

perfectly cast with America's Sweetheart, Mary Pickford as heroine Sara Crewe. The Vashon Theatre will present "A Little Princess" with live harp score



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at 4 PM on March 25.

Harpist-composer McMichael debuted her original harp score for "A Little Princess" at last year's Children's Film Festival Seattle, and like her first silent film score for "Peter Pan," she has toured and played live accompaniment for the Pickford film since its 2011 premiere. In May, she will perform at the American Film Institute's Silver Theatre near Washington, D.C. where both silent films will receive screenings with McMichael's original harp composition played live.

Festival director Elizabeth Shepherd said, "Leslie's score, filled with cleverly repeating themes and stunning interludes, breathed new life into this film from the dawn of cinema, and her energetic performance, alternating between Celtic, electric and concert harps, was also enchanting and brought audiences to their feet at the end of the screening."

For tickets to "Around the World" and "A Little Princess," call the Vashon Theatre at 463-6845, or drop by the box office.

Find the Loop on-line at [www.vashonloop.com](http://www.vashonloop.com).



# New Works Series Showcases Local Dobro Player

By Janice Randall

Island musician Tab Tabcott got bit by the music bug early. At the tender age of 10, while learning to play guitar, he heard his teacher play dobro and was immediately intrigued with the instrument.

Tabcott will play his beloved dobro along with a host of other instruments and guests at the Blue Heron in a Vashon Allied Arts New Works performance, Saturday, March 24, 7:30 pm.

The show will include original and traditional bluegrass and Celtic tunes. The guest list includes Islanders Mindy Manley Little on banjo, fiddle, Iris Spring (his niece) on fiddle and John Schubert on guitar and vocals. Musical guests also include Vashon's resident expert mandolin player Paul Colwell, Al Hutteball on upright bass, Jamie Blair on banjo and vocals and Jeff Westerinen on mandolin.

"John, Al, and I have been playing together for nearly 30 years, and Jamie and Jeff for over 20 years," says Tabcott. "The second set is full-blown, hard driving bluegrass music with vocal harmonies and some red hot picking; Jamie and Jeff are phenomenal players." Tabcott plans to



Photo by Janice Randall

play his favorite instruments including the musical saw, jawharp, electric and acoustic mandolin, dobro and pedal steel guitar. "I'll also have my ventriloquist dummy there, my good buddy Alex." Tabcott's style is freewheeling and fun,

a show for all ages, audience-friendly and playful. Check it out!

Tickets, \$12/\$15, are available at VAA, Heron's Nest, Vashon Bookshop, brownpapertickets.com or by calling 463.5131.

# Art Hansen Print Sale

By Janice Randall

If you've always wanted an Art Hansen etching, now is your opportunity. Vashon Allied Arts will host a one-day sale of the Island's internationally renowned artist's unframed etchings, Saturday, March 17, at the Blue Heron. Doors open at 11 am for VAA members, noon for the public, until 4 pm. Available in both black and white and color, at reasonable prices, the sale will feature more than 180 etchings including works never before shown on the Island. Subjects are as varied as flowers, Island and Northwest landscapes, gardens, ponds, trees and people.

"Art Hansen embodies all that I admire in an artist," says Gallery Curator and Hansen's long-time friend Janice Mallman. "His humility coupled with his very passionate lifelong commitment to his art... he honors every day things."

Frame of Mind owner Donna Kellum has graciously offered 15% discount on framing of all prints purchased at the print sale. Come browse the many choices and view the prolific and varied works of one of our Island's most



Art Hansen in his studio, photo by Janice Randall

treasured resident artists. "It's the perfect way for anyone to acquire affordable artwork by a well-known Northwest artist," adds Mallman.

Hansen has lived on his pastoral Westside property for nearly 50 years. Views from his windows are among some of his favorite subjects for his vibrant watercolors, etchings and lithographs shown in such prestigious collections as the Smithsonian Associates Art Collectors Program and Davidson Galleries. He was honored as a VAA Art Auction Commissioned Artist in 2011.

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# April Foolishness at Church of Great Rain



David Godsey's Reverend Davis greets the congregation at Church of Great Rain. Photo by Jeff Dunncliff

Church of Great Rain promises comic relief for taxing times at a special April Foolishness Show at 4PM on Sunday, April 1 at Open Space for Arts and Community. The show will feature Seattle singer Star Anna with guitarist Justin Davis. Show co-founder Frank Hein, now living on Catalina Island in California, will be making a special guest appearance.

Church of Great Rain is Vashon Island's own music, comedy and variety show, featuring the Church House Band, twisted news and irreverent views by the Holy Roller Radio Players, amazing guest artists and an inspiring impromptu sermon by the preacher. Audience members are invited to join in the fun by writing on a seasonal topic to be read aloud during the show. Churchgoers are encouraged to get tickets in advance and arrive early as recent shows have been standing room only.

Star Ana and Justin Davis  
Star Anna was born and raised in the small town of Ellensburg, WA. At the age of

eleven she got her first snare drum, started taking drum lessons, and began spending all of her money and time at the local record shop, Rodeo Records. At the age of 16, Star picked up a guitar and learned some chords. She began writing songs and playing local coffee shops and cafes.

Star's band, The Laughing Dogs, formed in Ellensburg, went through some member changes and eventually relocated to Seattle where they have been gaining a loyal fan base. The

highlight of the last year for them was performing at PJ20, a festival at Alpine Valley in celebration of Pearl Jam's 20 years together as a successful band.

Their sound is rooted in good ol' American rock and roll with hints of blues, soul, punk and alt country. They always play with high energy and a passion for what they do.

Mike McCready of Pearl Jam says "Star Anna is an American original. I am a huge fan of her music and especially her voice. She sings from a place of beauty and pain that takes me to a higher place. Star is on her way to great musical heights."

Star Anna will be performing at the April 1st Church of Great Rain show as a duo with guitarist Justin Davis. Justin became obsessed with guitars the first time he held one and is still rarely found without one in his hands. He played in several bands around Seattle, including Honest Abe, East of the Equator with Nirvana's Chad Channing, and Puptulla. Justin has a degree in classical guitar performance, has studied Flamenco guitar in Spain and attended Cornish to study jazz, all while maintaining a punk rock soul and religious devotion to Jimi Hendrix.



Justin Davis and Star Anna - Courtesy photo

Make a date with Vashon!  
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LOGJAM





Weekend Entertainment March 16

Comedy Night

Outlandish comedians Kevin Joyce, Steffon Moody and Jim Farrell (with special guest, Andre Sapp) will be Standing Up and letting it all hang out on Friday, March 16th, 8pm at the Red Bicycle Bistro and Sushi. This will be the first Vashon Comedy Night of 2012, and it's just in time to dispel the moldy mid-March madness that inevitably grips the soggy Northwest this time of year.

Past Comedy Nights have had a much bigger line up with much shorter sets. This four comedian format will give the performers room to stretch their legs and deliver the full blown comedy package.

Local Comedy: Always fresh, raw and a little dangerous.

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At the Red Bicycle,  
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Steffon Moody “Local Comedy, Always fresh, raw and a little dangerous.” Photo by Michelle Bates

Headliners: Kevin Joyce. Jim Farrell & Steffon Moody

Warm Up acts: Eric Perlman and Andre Sapp

Evening hosted by Andre Sapp

Lil Rev concert!

Lil Rev was born in 1968 in Milwaukee, WI where he currently resides. Rev graduated from John Marshall High School in 1987 and went on to receive his Bachelors Degree in Educational Policy & Community Development (Community Ed.) from the University of Wisconsin Milwaukee.

Rev grew up in a musical family with a Mom who loved to sing Broadway and grandparents who sang and played piano and harmonica. He purchased his first guitar at the age of 12 with his paper route money and set about learning chords and songs off of his favorite records. Guitar was followed by Harmonica, Mandolin, and later Banjo.

At about 25 years, he was given an old beat up Wendell Hall Banjo Ukulele and likewise, voraciously set about the task of learning how to master this humble little instrument so imbued with tradition and style.

While he is hopelessly Midwestern, his frequent travels find him teaching and touring all over the continental United States. His many unique niches include one man shows of Jewish Cultural History (Jews of Tin Pan Alley, Jews N Blues), Scraps of Quilting Music (A Celebration of Quilting Lore and History in American), Yiddish Song & Story,

Harmonica Workshops for Kids and Adults, Ukulele Festivals and Workshops, Songwriter, Storyteller,



Music History Lectures at Elderhostels, and much, much more!

Currently Lil Rev writes instructional books for Hal Leonard Publishing, presents clinics all over the U.S. and tours internationally as a performer of time honored classics including: Ukulele Music, Old-Time Blues, Tin Pan Alley, American Folk, Jewish & Yiddish Folksongs, and Original Songs.

Lil Rev will be performing at the Vashon Theatre, Sunday, March 18, at 2pm . Tickets are \$7

A Backbone Benefit Music Extravaganza

And man....what a wild and crazy one this will be.....this event has the craziest theme yet. It is called:

“Red Hot Police Who Clash for Kinky Petty Cash”

This gives our participating local musicians a wide choice of music with songs (preferably relevant to protest, power, money, etc) by the following musicians/bands:

- 1. The Red Hot Chili Peppers
- 2. The Police
- 3. The Who
- 4. The Clash
- 5. The Kinks
- 6. Tom Petty
- 7. Johnny Cash

We thought we’d continue the theme concept again, calling out to our unbelievably talented musicians on this Island to participate. If you missed out on performing in the previous benefit shows, now is your chance to be a part of an spectacular night of music by a huge variety of musicians, all under one roof and for a great cause. If you’ve performed at these events before, we welcome you back!

For all seven of the previous Backbone Campaign Benefit events at The Red Bicycle, it was ‘standing room only’ in the back and it was about as packed as they’ve ever seen that place. We even ended up having to turn some people away because there just wasn’t any room left! The event is a unique way to gather with your community - visit with neighbors and old friends and share a wonderful night together, but I cannot urge you enough to get there early!

Musicians may perform one song by the above mentioned bands/musicians at the benefit, either as a solo act or with accompaniment. There have been some great solo performances in the past, as well as some wonderful collaborations that people are still talking about, so we’re hoping for more of the same for this event.



You will be able to see an updated list of the artists who have signed up for this event and what songs they will be performing on the Red Bicycle Bistro web site at [www.redbicyclebistro.com](http://www.redbicyclebistro.com) as soon as people start submitting their songs to us. We’ll have the standard sound setup at The Red Bicycle with the in-house equipment they have, and then run everyone through a guitar amp so that we can keep the flow going and not have to do a sound check for each person. Any songs with drums, we prefer that there is only one shared kit and if bass players can share an amp, that helps a lot as well.

As always, a huge thanks to everyone who takes the stage and also to those of you who will come to enjoy the music. We are blown away by this wonderful community of musicians and music lovers that continue to support each other every day.

The next Backbone Campaign Benefit is coming up on Friday night, March 23rd at the Red Bicycle Bistro & Sushi at 8pm. There is a \$20 Cover.

Music creates community. Music matters. -Pete-

The Diggers



The Diggers are an Island-based group inspired by a broad range of influences. Their sound draws upon Balkan rhythms, klezmer scales and Greek mythology, while being unmistakably Americana. The fiddling of both David Salonen (who also plays bass) and Ben Lang (who also plays guitar) provides a crucial element to the Diggers’ sound, while Danny Salonen keeps time on the drums. The vocal harmonies of Nick Simmons (banjo/bass) and Camille Coldeen (accordion), with David Salonen,create an intricate experience of melody and counter melody that weaves its way through all the Diggers’ music.

Most of the material is original songs written by Camille Coldeen that become multidimensional through a creative collaboration with her bandmates. Their sets also include folk traditionals, foreign lullabies and other eclectic selections that fit into their idiosyncratic genre. The Diggers gig around the Puget Sound area and hope to, one day, have a CD

Saturday, March 24, 8pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-5959

PANDORA'S BOX

Spring has spring in the form of snow. Right. Well, we still have a few cold weather dog coats and a couple heating pads in stock.

New....Those well-priced, long-awaited, dog beds finally did come in!

Cheryl’s Pick of the Week:

Stay tuned for the annual Out Like a Lamb Sale, followed by the annual canned rabbit event just in time for Easter.



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17321 Vashon Hwy SW Big Red building w/Animal Stuff on the porch



# Vashon Artists in Schools Program in Full Bloom



*Pride ‘n joy: Chautauqua 5th graders display lustrous copper hammered bowls created in a 2011 VAIS residency partnership with art teacher Carolyn Buehl and artist Ivonne Kommer. This residency has become an annual 5th grade student spring tradition.*

**By Pamela McMahan,  
Vashon Artists in Schools Coordinator**

Enter Island public schools this spring and bask in the glow of arts as Vashon Artists in Schools (VAIS) residency season blooms! Teachers and local artists combine their ideas and expertise to create rich residency projects for K-12 students. VAIS, collaboration between Vashon Allied Arts and Vashon Island School District, receives generous support from Vashon Vashon Partners in Education (PIE), WA State Arts Commission, Vashon PTSA and private donations. Many projects are integrative, using tools and language of the arts to reinforce and enrich learning in math, science, history and foreign language. All projects enhance existing arts curriculum, helping students further develop essential arts skills.

Here’s a snapshot sample of VAIS’ spring activity. Lucky first graders immerse themselves in Chinese shadow puppetry and folktales. Designing and weaving individual fiber baskets, 7th grade math students grasp mathematical concepts of the golden mean and Fibonnaci sequence. High school students eager to delve deeper into ceramic art get exposed to Raku firing and advanced wheel throwing.

Copper Culture for fifth graders, evolved from a partnership forged between art teacher Carolyn Buehl and local fine artist Ivonne Kommer. Native of Chile, Kommer taught university-level metal working classes. Now, she exhibits work

at Silverwood Gallery. Introduced to Chautauqua through a VAIS residency with Gail Labinski, Kommer and Buehl continue this annual tradition. Teacher and artist work together to teach students fascinating 10,000-year history of copper, its physical and chemical characteristics and copper’s applications in architecture, electronics and art. Using ancient metal working techniques, students learn to hand-hammer, texture and decorate copper bowls. Forming the metal gives students a rare opportunity to take a two-dimensional metal piece and transfer it to three-dimensional copper sculpture.

“The more the metal is hammered and moved, the more it takes on the life I want to give it as an artist,” says Kommer. “Copper lends itself wonderfully to hand forming. Its plasticity, fluidity and durability provide the perfect medium, a marriage between the material world and my own creativity.”

This year’s 120 fifth graders eagerly wait their turn to engage in the magic of Copper Culture. “These are the most precious pieces of art these children will create in their six years of art instruction at CES,” Buehl says.

Vashon Artists in Schools (VAIS) is a Vashon Allied Arts program in collaboration with Vashon Island School District, with additional generous funding from Washington State Arts Commission, Vashon Partners in Education (PIE), Vashon PTSA and private donations.

# Open Space Presents An Intimate Evening with Teresa Tudury

Hold onto your seats...Teresa Tudury returns to Vashon for an evening of music and side-splitting stage patter at Open Space. With a deep, sultry voice that magnetizes audiences, and a scathing comedic wit to match, Teresa is a consummate performer who pours out her original songs with power, verve, passion, and disarming humor. Teresa’s voice has been described as a cross between Bette Midler and Bonnie Raitt (LA Weekly). Her vocal stylings are perfectly complemented by her bluesy guitar playing.

Last seen one year ago in the April 2011 Church of Great Rain, Teresa takes audiences on a musical journey of wild and powerful songs and stories from the depth of her incredibly rich and inspiring repertoire. An absolute original, Teresa wakes up the music scene wherever she goes, from her San Francisco roots to the Greek Islands to New York and LA. If you saw her at Church, we bet you’ll be back. If you did not, get your tickets and be ready for a high flying ride! This is going to be an intimate evening with an incredible artist.

Throughout her career, Teresa has recorded or performed with such greats as Leonard Cohen, Rickie Lee Jones, Lyle Lovett, Taj Mahal, Leo Kottke, Charlie Musselwhite, Stevie Coyle and Bonnie Bramlett. Now residing in Sonoma County, Teresa continues to perform and write new material. She has just released Such Fine Things, her latest CD. Her earlier recordings (1992 Teresa Tudury, and the 2002 River Of Life) were recently rereleased. With these recordings and a steady stream of concert appearances, Teresa is a gifted artist in her prime.

*“Teresa Tudury is an undiscovered gem, boasting scads of talent and a command*



*of both language and music, which she demonstrates in ample portions. Like a cross between Tracey Ullman and the early Bette Midler, an evening with Tudury is part comedy show, part sensitive singer-songwriter concert and part cabaret act and all immensely enjoyable...In her zany between-song patter Tudury is so uninhibited she makes Robin Williams seem restrained.... Plus, Tudury can certainly sing. Possessed of a deep, sultry voice which she dresses in heavy blues phrasing and adorns with generous swatches of vibrato, Tudury evoked every nuance out of her quirky novelty tunes and belted out her off-beat torch songs.”*

*- Steven Libowitz - Santa Barbara News Press*

WHERE: Open Space for Arts & Community, 18870 103rd Ave SW, Vashon

WHEN: Wednesday, March 21; 7pm; Doors open at 6pm



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# Shoot to Show

Exhibit your photographs at The Hardware Store Restaurant! Vashon Allied Arts offers a shoot to show class, starting April 6, for teens to adults under the able direction of professional Island photographer Ray Pfortner. “This class is great for anyone interested in photography,” he says, “whether it’s your first or 25th show!” Class includes field work, framing, pricing, hanging work and promotion. More information at [VashonAlliedArts.org](http://VashonAlliedArts.org)



*Photo by Ray Pfortner*

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